

# Our Rights as Canadians



Canada is a free country. By that we mean that as people, we are able to think, speak and act - as we please within the law. Not every country is free. In some places, the government decides what people will see, hear, do for a job, or even how to raise a family.

In Canada, our rights are protected by the Charter of Rights and Freedoms. Discuss some of the following rights and freedoms with your family or leaders and what they mean to you. All Canadians have:

- freedom of conscience and religion
- freedom of thought, belief, opinion and expression
- freedom of the press and other media of communications
- freedom of peaceful assembly
- freedom of association
- the right to vote
- the right to enter, remain in and leave Canada
- the right to life, liberty and security of person
- the right of equality before and under the law
- the right of language, education and culture.

