

A Cub First Aid/ Survival Kit

Think of some things that might happen to you when you're out on your own.

For example:

A friend scrapes his knee.

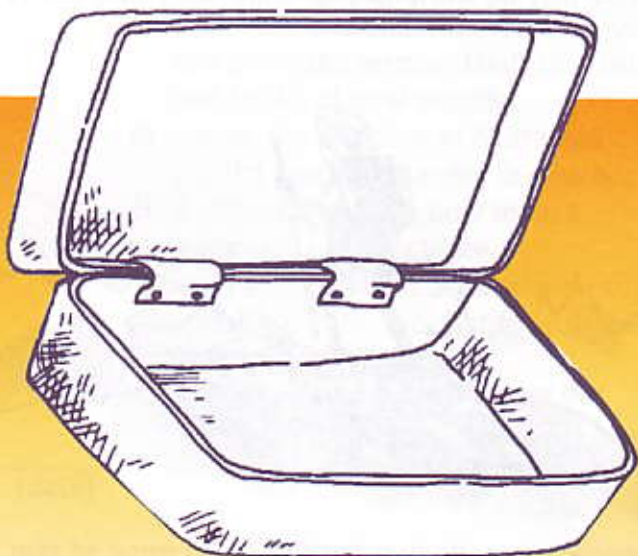
You cut your finger.

You are lost and cold and want to build a fire.

What could you carry with you to help you deal with these problems? A First Aid/Survival kit provides some basic equipment to help you in an emergency.

Start with a container to keep your articles in. It needs to be small enough so that you can carry it in your backpack wherever you go. The best kit in the world is no good to you if it's back home in your cupboard when you need to use it.

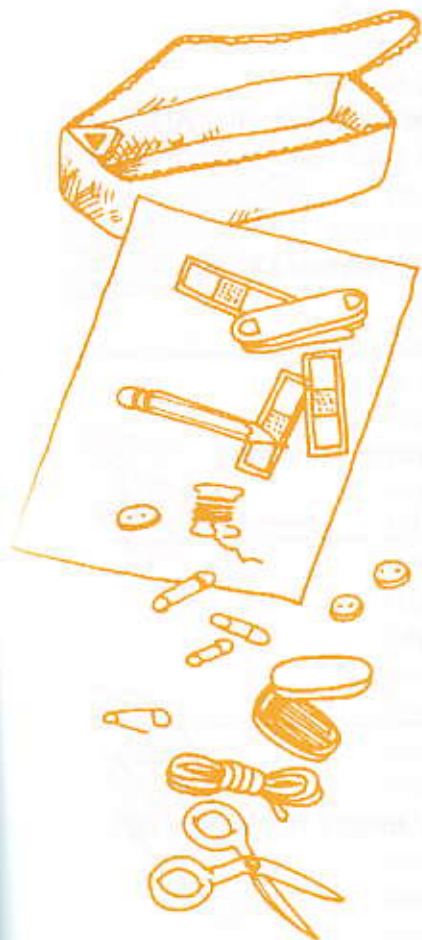
It also needs to be strong and waterproof. The best container will probably be made out of tough plastic. If you can't find one at home, try the local hardware or discount store.



When you have your container, tape your name, address, and telephone number on the inside, and then think about what you should carry in it. Here are some suggestions:

First Aid Kit Part

- 1. Adhesive bandages, assorted sizes
- 2. Gauze pads
- 3. Adhesive tape
- 4. Safety pins
- 5. Tweezers
- 6. Coins (for emergency phone calls)
- 7. Paper and pencil (for writing down emergency information)





Survival Kit Part

- 1. High energy snack (granola bar, dried fruit and peanuts)
- 2. Waterproofed matches
- 3. Small pocket knife
- 4. Brightly coloured large plastic garbage bags (for shelter and signalling)
- 5. Whistle and mirror
- 6. Nylon or strong string
- 7. Aluminum foil (to make cooking and drinking utensils)
- 8. Compass

When you've made your Cub First Aid/Survival Kit, show it to one of your leaders, your sixer and your six.

I made my First Aid/Survival Kit on:

I put it into this type of container:

I keep my kit in my:

In it, I carry all the things I've checked off on the list above.