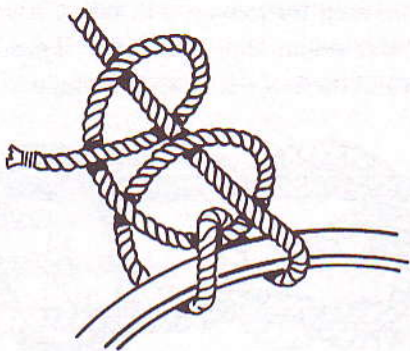


FISHERMAN'S BEND

This is an excellent knot for attaching a rope to a light anchor, a ring or a rectangular piece of stone. It can also be used to rig up a swing.



Take two turns through the ring or around the stone and bring the end over the standing part and through the loops (as shown). Finish with two half hitches and pull taut.

