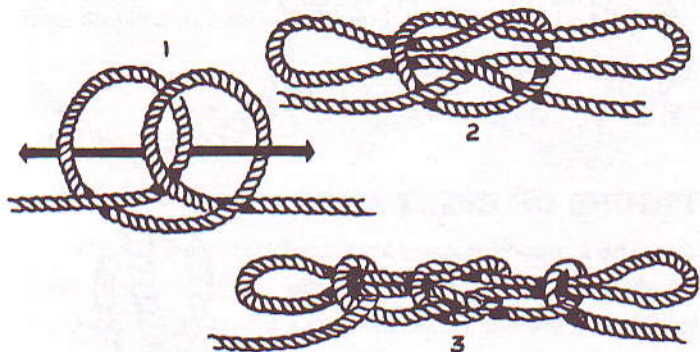


FIREMAN'S CHAIR KNOT

This knot is used for rescue purposes. Be certain you can make it quickly and correctly. Throw the two loops in the standing part of a long rope. Pull the overlapping portions of each loop through the other loop as indicated by the arrows and 1 and you will get knot shown in 2.



Adjust the two loops at this stage in order to pass around a body. One, the smaller will allow it to pass over the head and shoulders and rest under the arms, with the knot near the chest – the other long enough to go under the knees.

When the loops are correct, pull the knot tight and throw a half hitch on each loop as in 3 as you did for the sheepshank, but make them snug up to the centre knot and tighten.