

## BOWLINE

A very important knot, the bowline forms a loop that will not slip or jam no matter how great the strain. In its many adaptations it is useful in first aid and life saving. A thorough understanding of the several variations of this knot will be of great value to every Scout whether ashore or afloat. Start by forming an overhand loop and a standing part, spaced so as to make the resulting loop large enough for its purpose. The free end is taken up through the loop, around the standing part and back down through the loop.

