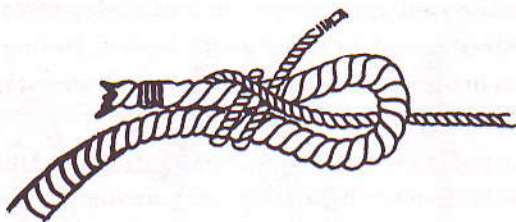


## **DOUBLE SHEET BEND**

If the ropes are of very different thicknesses or are wet there is a risk, unless the tension is steady, that the knot may not hold fast, so in this case we make another turn with the thin rope and tuck it a second time between itself and the loop.



## **SLIPPERY SHEET BEND**

To untie the sheet bend quickly or if you think it might jam, use a slippery sheet bend. This is made by starting in the normal way then, instead of tucking the end, make a small bight or loop in the end of the thin rope and tuck that. Pull the end of the thin rope and the knot is undone.

