

REEF KNOT

Begin with an over and under crossing Fig. A, and then bring the ends back above in a second similar crossing Fig. B. The completed knot Fig. C is snugged up by pulling on the ends. Note that it makes no difference whether the first crossing is tied left over right or right over left, as long as the second crossing corresponds to it correctly. A reef knot can be loosened easily by taking an end and a standing part of one rope in each hand and pushing the bights apart. A square knot can also be loosened by pulling the ends and standing part of one rope in opposite directions.

The reef knot is used in all first aid work or for joining two pieces of string or cord of equal thickness. It is not recommended for joining rope.

